

Gryffe High School

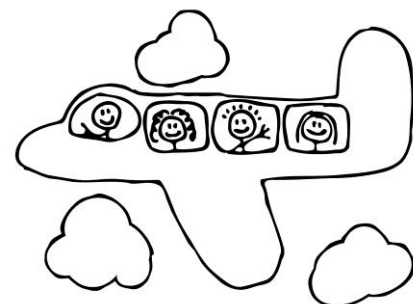


GRYFFE HIGH SCHOOL



CARING LEARNING ACHIEVING

Residential Activities 2017



GRYFFE HIGH SCHOOL



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Head Teacher: Mr Colin H Johnson BSc



Dear Parent/Carer,

Activities Week: Monday 22 May 2017 – Wednesday 24 May 2017

This year we are organising an Activities Week for all S1, S2 and S3 pupils in order to offer a wide range of educational experiences that we cannot normally provide during the school year. We have tried to provide an exciting and varied programme for these days and we hope that every pupil will be able to take part. The activities offered have a wide range of prices. No one, therefore, should be prevented from participating. The school will offer some assistance with the cost of any of the activities for pupils on free school meals. Any other cases of financial hardship should be drawn to our attention.

In our system we offer pupils our RESIDENTIAL trips first, get all our returns and decide what trips are viable to run. Then at a later date we offer our NON-RESIDENTIAL trips for all remaining pupils to consider.

We are now in a position to offer the **RESIDENTIAL** activities for the week. Please read through each of these carefully. All the residential trips are booked through various travel companies that specialise in school trips. Any cancellations on your part may result in you losing money. You are under no obligation to choose a residential activity as there will be a variety of day trips and in school activities on offer during the 3 days. Previous trips included: Edinburgh dungeons, fishing, golf, football, theatre trips plus lots more.

We would ask you to read through the booklet carefully and decide which activities would appeal to your child, who shall choose **different activities** in order of preference if they wish to be considered for a residential activity. We will try and place them on their preferred option but this may not always be possible. Some trips may need to be cancelled if there is insufficient interest in that activity. All forms should be returned to the Maths Department by **Friday 9 September 2016**.

Pupils may be prevented from participating in an activity because of behaviour in classes or around the school or for refusal to comply with the school dress code.

If you have any questions please do not hesitate to contact me at the school.

Yours sincerely

Mrs A Mullan

Activities Coordinator



Web Site

GRYFFE HIGH SCHOOL ACTIVITIES WEEK

Monday 22 May - Wednesday 24 May 2017



iPhone App



Android

How do I take part?

- a) Read the descriptions of all the activities.
- b) Check that you can afford any costs (discuss this with your parent or carer).
- c) Choose **different** activities in your order of preference. Fill in the form.
- d) List 3 friends that you would like to go on your activity with. (We will do our best to keep you together)
- e) Return your form to the **MATHS DEPARTMENT** by Friday 9 September 2016.

How will I know which activity I am doing?

- a) All names will be balloted by the Activities Committee.
- b) Your name will be posted on a list in the S1, S2 and S3 Social Areas.
- c) You will then receive further information from the teacher who is organising your activity.

Can I change my activity?

No - except for health reasons.

Remember you may be charged by the travel company if you withdraw from your activity.

How to fill out the PUPIL RESPONSE FORM

1. **Only pupils who wish to be considered for a residential activity should return the form.**
2. The Activities Committee cannot guarantee to offer you your first choice but will do their best to offer you a place in one of the activities you have mentioned. You must choose a **different** 1st, 2nd and 3rd choice.
3. Remember to read the description of each activity carefully, check the costs and discuss the choices with your parents/carers before you return the form.

What about the other questions I want to ask?

Speak to the named member of staff for specific information about an activity or for general information about activities speak to **Mrs Mullan in the Maths department.**



SPAIN 2017



Barcelona

Destination: Malgrat de Mar and Barcelona
Dates: Sunday 21st May - Friday 26th May 2017 (TBC)
Tour Company: IBT Travel
Cost: £725 per person

This six day and five night package includes:

Transport: Coach for transfers and excursions in Spain

Accommodation: 6 days and 5 nights full board in 3-star hotel in Malgrat de Mar. All rooms with private facilities (2/3 pupils per room). Buffet meals for dinner. Lunch provided on days in resort. Bar / Cafeteria, games area, satellite TV and indoor and outdoor swimming pools.

Excursions:

- 1) Day visit to Barcelona. Tour of main tourist attractions which may include Nou Camp Football Stadium, Sagrada Familia, Parc Guell, Olympic Track, Port / Beach area and Las Ramblas.
- 2) Full day visit to Port Aventura Theme Park. "A fantastic journey across 5 incredible worlds" - including Dragon Khan - 8 loops and 70 mph plunge, and Shambhala - reaching 249 metres in height and 83 mph speeds!!!
(<http://www.portaventura.co.uk>)
- 3) Full day visit to Aquapark in Santa Susanna with kamikaze wave pools, wild river and wild zig zag slides.
- 4) Visit to local shops and market where you buy souvenirs and presents to take home.
- 5) Other activities such as 10 pin bowling, beach games and group competitions may be arranged while there.

Price also includes fully comprehensive insurance.

Staff contact: Mr G O'Hare (Faculty Head Health and Wellbeing)





Club La Santa- Lanzarote

Are you an active person? Do you take any opportunity to play sports with friends and family? Or is your preference yoga and a leisurely swim? Add this to the opportunity of doing it all in the sunshine of the Canary Islands... then Club La Santa is for you!!

Health and Well Being is hugely important at Gryffe High School and we are delighted to offer pupils the opportunity to visit this top European health and sports resort. As the self-proclaimed "World's number 1 active holiday resort", Club La Santa has everything that a lover of sports and leisure could want. Whether it is racquet sports, ball sports, athletics or fitness then there is something for everyone. Pupils will have the opportunity to participate in as many or as few activities that they wish.

What is included?

- 5 nights apartment accommodation
- Flights to and from Lanzarote from Glasgow Airport.
- Transfers to and from the resort from Lanzarote Airport.
- Full use of sports facilities* and swimming pool.
- Full Board- Breakfast, lunch and dinner provided.
- **Cost approx £725-£750 depending on numbers.**

**Activities included in the package: Aerobics, Badminton, Basketball, Beach Volleyball, Cycling, Fitness, Football, Handball, Padel Tennis, Pilates, Running, Squash, Swimming, Table Tennis, Tennis, Indoor Volleyball and many more.*

Please Note that an additional charge is required for some activities such as Golf, Cycling, Mountain Biking and some water sports.

If you are interested in the above trip and would like further information, visit www.clublasanta.com or please contact Mr Findlay (Pupil Support: Guidance/Maths) for further details.

Staff Contact: Mr Findlay (PT Support: Guidance/Maths)



Italy

2016

Sorrento and Rome



Destination: Italy - Sorrento and Rome

Dates: Sunday 21st May - Friday 26th May

Tour Company: NST

Cost: £650

Price also includes fully comprehensive insurance

This six day and five night package includes:

Transport: Flights and coach for transfers and excursions in Italy

Accommodation: Six days and five nights in hotel in Sorrento and Rome. All rooms with private facilities (2-4 pupils per room).

Excursions:

Day 1

- Meet at school and travel to Prestwick Airport. Fly to Rome Ciampino Airport. Coach transfer to the Bay of Naples.

Day 2

- Climb Mount Vesuvius and visit Herculaneum.

Day 3

- Visit Pompeii.

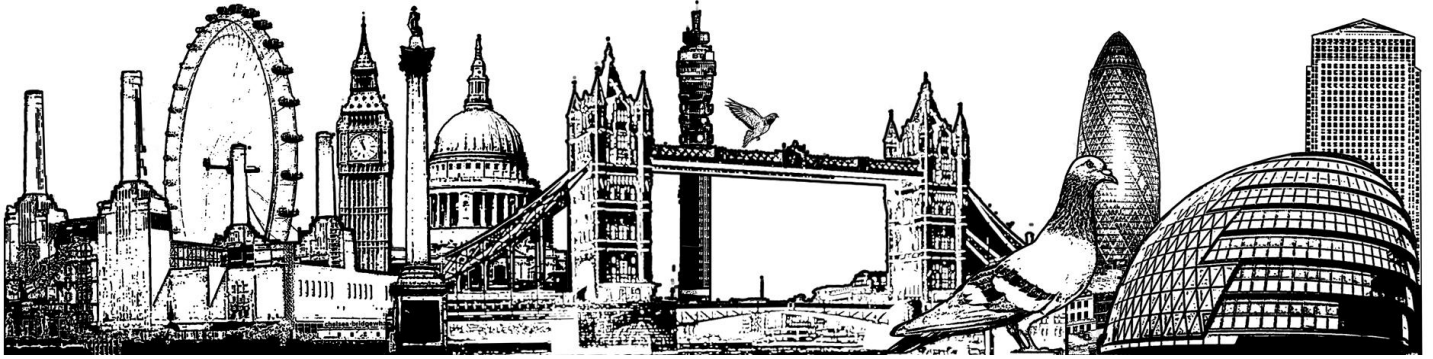
Day 4

- Visit Cincetta Theme Park in Rome.

Day 5

- Visit Rome's popular sights (Piazza Navona, the Pantheon, Trevi Fountain and the Spanish Steps, Colosseum, Roman Forum and Palatine Hill)

Staff Contact: Miss E Paterson (Maths)



London

2017

<u>Destination:</u>	London
<u>Dates:</u>	Sunday 21 st May- Wednesday 24th May
<u>Tour Company:</u>	Adaptable Travel
<u>Cost:</u>	£360 per pupil



This four day and three night package include:

Transport: Coach travel to and from London and excursions for the duration of the trip.

Accommodation: 4 days and 3 night's bed & breakfast basis. 3-star quality hotel Wembley. All

rooms are en suite (2/3 pupils per room). Dinner will be provided by the hotel

each evening. Bar/snack area, satellite TV, free wifi.

Excursions: Monday

- Thames River Cruise
- Flight on the London eye
- Lunch at Pizza express
- Victoria & Albert museum
- Madame Tussauds



Tuesday

- Blue badge tour of London, see all of the sights!
- Design museum
- Shopping
- Dinner at Planet Hollywood
- West end show (options available are Matilda, The Curious Incident of the Dog in the Night Time & the Lion King)



Wednesday

- Thorpe Park (TBC- additional price of £25.75 per person)

Price also includes insurance

Staff contact: Mrs. J Malloch (Technical department)



Rollercoaster Europe

Are you a bit of a thrill seeker? Do you like nothing more than to fly through the air at ridiculous speeds? Are Theme Parks your idea of fun? Then look no further.....

Gryffe High school are delighted to offer pupils, for the third year in a row, the chance to visit some of the best Theme Parks in Europe.

What is on offer?

- 6 days/5 nights
- All transport included. Executive coach hire and cross channel ferries.
- Accommodation including 4 nights in Hotels.
- Breakfast, lunch and dinner provided each day.
- Park tickets for 5 Theme Park days. Theme parks to be confirmed
- **Cost approx £700.**

If you are interested in the above trip and would like further information, please contact Mr Taylor for further details.

Staff contact: Mr Taylor (Business Support Manager)



Inspiresport Football Tour- Valencia CF

Do you love your football? Would you like to spend your activities days on the football pitch learning from coaches at one of European footballs top club? Would you like to experience the training and match facilities of a top European club? Then this trip is for you.....

Gryffe High School has again teamed up with Inspiresport to offer a great opportunity for any football fan. Inspiresport is a leading football touring company that offers school groups an insight into some of Europe's top clubs. The tours are aimed at not only enjoyment but also promote football development and team spirit. During the trip, pupils will be trained by professional coaches, sample professional training facilities, tour a stadium and play a match against local opposition. An Inspiresport Rep. will be with the group at all times; assisting with the programme, helping to break language barriers and generally making it as an enjoyable experience as possible.

The trip is open to pupils of all football abilities, with a love of football the only requirement.

After a very successful trip to Malaga FC in 2014, Gryffe High School departed for Valencia CF in May 2015. Due to the success of the trip and fantastic facilities on offer, we have decided to offer the same venue again in 2017. Valencia CF is where Manchester City's David Silva honed his skills as a budding professional and where world stars such as Juan Mata and David Villa made their name.

What is on offer?

- 5 days/4 nights
- All flights, transfers and coach journeys included.
- 6 training sessions with Valencia CF's coaches at the clubs Paterna training complex. As used by the first team and youth teams.
- Tour of Mestalla Stadium.
- Staying at 4* Hotel Mas Camarena overlooking the training ground.
- Breakfast, lunch and dinner provided.
- **Cost approx £725.**

If you are interested in the above trip and would like further information, please contact Mr Taylor (Business Support Manager) for further details.

Alternatively, visit <http://football.inspiresport.com/Sport/Destinations/Valencia-FC> for details on accommodation, detailed programmes and reviews. Once pupils have been allocated their activity, an evening information session run by Inspire Sport will present a detailed breakdown of the trip.

Staff contact: Mr Taylor (Business Support Manager),

Pupil Response Form

RESIDENTIAL ACTIVITIES DAYS 2017

Name: _____ Class: _____

First Choice: _____

Second Choice: _____

Third Choice: _____

Friend List

1. _____
2. _____
3. _____

I understand that pupils may be prevented from participating in an activity or removed from an activity because of behaviour in classes or around the school or for refusal to fully comply with the school dress code.

Signed _____ Pupil

Signed _____ Parent/Carer

**THIS FORM MUST BE RETURNED TO THE MATHS DEPARTMENT
BY MONDAY 12 SEPTEMBER 2016**