



sportscotland GOLD SCHOOL SPORT AWARD

2016-2018

Following our application for a sportscotland School Sport Award at the end of last session, we were delighted to receive a Gold School Sport Award in November. The application process involved pupils and staff forming a School Sport Committee and completing an evaluation and development process of PE and School Sport in the school. Following this process, sportscotland awarded the highest level of this award based on the programmes we have at the school. Following this award, we will be continuing to evaluate and develop our programmes further through discussions with pupils, parents, staff and external bodies.



Pupils have already competed in various competitions this session within Athletics, Badminton, Basketball, Football, Hockey, Netball, Rowing, Rugby, Swimming and Tennis. Here's how the seasons are going so far . . .

Athletics

Gryffe athletes continue to experience success at both county and national level through competing in Renfrewshire Schools Athletics Championships and Scottish Schools Athletics Association events.

At the Renfrewshire Schools Road Race in November, both individual medals and team trophies were won at On-X, Linwood as 40 Gryffe pupils competed:

- Fraser Taylor (S2 Boys) – **3rd place in county**
- Eoghan Small (S3 Boys) – **2nd place in county**
- Alisha Sivell (S3 Girls) – **COUNTY CHAMPION!!!**
- S1 Girls Team (Olivia McGowan, Suzie Quinn, Amelia Shields, Esme Freeburn, Ideah Carey, Rachel Jamieson, Kirsten Campbell, Sophie Hamilton and Alicia Jaconelli) – **3rd place team trophy**
- S2 Boys Team (Fraser Taylor, Harris Cunningham, Seamus Mowberry, Jamie Love, Fraser McDiarmid, Kianan Thomson, Calum Robertson, Callum Farmer Josh McFadyen and Max Shields) – **COUNTY CHAMPIONS!!!**
- S2 Girls Team (Beth Moglia, Libby Cole, Carla Stewart, Abbie Watt, Emma Kerr, Chloe McGreish and Heather Smith) – **COUNTY CHAMPIONS!!!**
- S3 Boys Team (Eoghan Small, Alexander McCaw, Alexander Quinn, Andrew Quinn, Andrew Melville and Struan McCamley) – **3rd place team trophy**
- S3 Girls Team (Alisha Sivell, Emily Svensson, Hannah Brummit and Courtney Thomson) – **3rd place team trophy**



At the Scottish Schools Road Relay Championships, four athletes competed against the best other athletes across the country and managed to experience success at this top level with top ten finishes for all three of our athletes competing – Kerry MacAngus, Rona Tytler and Andrew MacAngus.

The athletes now look forward to more championships in 2016 including:

- **Renfrewshire Schools Cross-Country Championships and Track & Field Championships**
- **Scottish Schools Athletics Association Indoor Track & Field Championships, Cross-Country Championships, Road Relay Championships, Pentathlon Championships and Track & Field Championships**
- **S1-S3 School Athletics Championships**

Badminton

Our Badminton players have opportunity to compete in the Renfrewshire Active Schools Badminton events. Our boys and girls have competed in the first of these events in recent weeks with competitions running at S5/S6 level, S3/S4 level and S1/S2 level.

In the S5/S6 competition, four boys competed in a strong field of players across Renfrewshire but no-one proved stronger than our very own Jonathan Paris who finished top of the field.

In the S3/S4 competition, four boys and two girls from S3 competed against their counterparts from across Renfrewshire. Players enjoyed the experience of competitive Badminton with Andrew Norval narrowly missing out on being crowned tournament champion with defeat in the final.

In the S1/S2 competitions, five boys and five girls represented Gryffe in an extremely busy event at On-X, Linwood. All players competing well recording wins across the day with Sarah Bell narrowly missing out on winning the event following defeat in the final.



Basketball

This season, our Open Boys and Girls teams have been competing in Scottish Schools Cup competitions. With a reduction in entries to Renfrewshire and East Schools Basketball Association competitions this season, only Open Boys RESBA competitions have been available to our teams this season. Partnership between RESBA and Active Schools has offered pupils in S1 and S2 opportunity to participate in Basketball development days.

Open Boys

Following last season's quarter final exit in their attempts to retain the national trophy won in season 2014-2015, the boys have meant business in the group stage of this season's competition going undefeated to qualify from group in first place. This has earned the boys a last 16 home tie which they can look forward to in the New Year. League fixtures have had to be put on hold during the Scottish Cup group stages but got off to the perfect start with a home win against Johnstone High School as the boys look to retain the league title for the fourth year running.

Open Girls

The girls have experienced mixed success in the group stages of the Scottish Cup. A small squad of players has had to work extremely hard to finish with a 3-2 record and qualify for the group stages on points difference. The girls will be looking to go better than last year's quarter final exit when they travel to face the excellent Wallace High School team in the New Year.

S1/S2 Development Squads

With this new initiative offered by Active Schools, in partnership with the RESBA association, no fewer than 33 boys and girls were given the opportunity to participate in a development day which included competitive games. Three teams were involved on the day coached by senior players and enjoyed a fantastic day of Basketball. The squads can look forward to more development days in the New Year.

Football

Gryffe continues to feature prominently in various competitions this season, hoping to experience more success in both Paisley & District league and cup competitions and Scottish Shield competitions with all boys teams entered into all of these competitions. The girls football section also continued this season looking forward to a return to the Active Schools Girls leagues as well as entry to Scottish Schools 7-a-side competitions.

Senior Boys

The under 18 season started positively with a convincing friendly win against a well organised Jordanhill side. This increased confidence was quickly diminished due to a heavy defeat to last season's rivals Gleniffer High School. Injuries and lack of availability took its toll.

Performances quickly picked up, however, due to starting games poorly results continued to disappoint. A defeat against Johnstone High School followed by a narrow 2-1 defeat to Inverclyde in the Scottish cup left the team with no wins in their first three games. The team buoyed by their performances and the return of key personnel finally recorded their first win of the season, a 5-3 victory against local rivals Linwood.

A number of postponements have halted the team's progression in recent weeks. Lots of league games and also the St Mirren Cup means that there will be a busy second half of the season to come.

Under 16 Boys

The Under 16 boys have a 100% win record in the league (all be it just one game against St Benedict's) and are out of the St Mirren Cup after defeat to Clydeview Academy.

Under 15 Boys

So far we have played seven fixtures this season, with six league games and one in the Scottish shield. The team have scored a very impressive 39 goals, conceding only 9.

In the league, the Under 15 boys are currently sitting 2nd two points off the top, but can take comfort in the fact that we have the league's best goal difference by some length. In our last fixture, we went away to Notre Dame which always has the potential to be a very tough fixture. The boys played amazingly well, showing real team spirit and determination by coming out with an 8-1 victory. Our only league defeat this season came at home to the league leaders Johnstone High School who scored a last minute goal to take a 3-2 win. The Under 15 team's league record so far is four wins, one draw and one loss – 13 points from a possible 18.

The team has had ten different goal-scorers thus far, with the Captain Alexander McCaw currently top scorer with a fantastic tally of 17 goals. Alexander Quinn has 7 and Kieran Love has 4. The team's goal of the season so far has to be Fraser Lee's wonder strike against Notre Dame!

Over all, so far so good for the Under 15 boys and with a number of games in three competitions still to play, this could be a successful season!

Under 14 Boys

The Under 14 Football Team is, as yet, undefeated in session 2016/2017. We have played 5 league games, winning all 5, with 46 goals for and 3 against. We are in the fourth round of the Scottish Cup, after beating Jordanhill High School in the third round, and play Hermitage Academy at home on Tuesday 17 January 2017. We won the preliminary round of the St Mirren Cup against Gleniffer High, and have been given a 'bye' into the third round as Linwood High School conceded the game.

The boys also took part in the 5 a-side Futsal Competition, winning all their games, and qualified top of their group for the finals in February 2017.

We have set our ambitions high this season and, with a strong squad, hope to bring at least one trophy back to Gryffe High School.



Under 13 Boys

A new era for Gryffe's U13 football team has started in an exciting fashion. Under the new management team of Mr Anderson & Mr Deans, the talented group of S1 boys have made a great start in an effort to add some silverware to the Gryffe trophy cabinet this season. The team is currently unbeaten in the league, recording some big victories along the way and playing an exciting brand of attacking football. There has also been two epic draws recorded against Gleniffer in what fans are dubbing the "Renfrewshire Classico". Gleniffer are on course to become our rivals for top spot in our league section so every victory will be important between now and the end of the season.

In the Scottish Shield, following an excellent double figures victory away to Jordanhill in the first round, the team suffered its first defeat in heart-breaking and controversial fashion. We conceded a last minute goal away to St Andrews in a 4-3 loss in the second round of the competition where everything seemed to go against us. It was a fantastic effort from the team to come back from 2-0 down at half time against a very strong St Andrews side, to lead 3-2 going in to the dying stages and it's all a learning process for the team at this stage about how to see out games. The loss while disappointing, will hopefully prove beneficial to the team in the long term and we enter into the St Mirren Cup determined to do well at our second chance of cup glory.

With a little break in the scheduling of games, a record number of twenty two S1 boys have been attending training sessions which shows the enthusiasm and commitment of the boys. The management team will be putting these sessions on as much as possible in between games to encourage any S1 to come along and push for a place in the squad. We are also excited to announce a friendly between ourselves and St Ninian's High School. This will give the boys an opportunity to test themselves against a team which is traditionally one of the strongest in Scotland. Exciting times ahead for the Under 13 team indeed.

Girls Section

The Gryffe girls S1-S3 football team have recruited a large number of new players this session- training has been taking place every Monday after school and the high numbers have demonstrated the girls dedication. So far this season, the team have participated in two authority rounds of fixtures, taking on a number of Renfrewshire schools and recently were involved in the first round of Scottish cup fixtures in Dumbarton. Many of the girls are still in the early stages of playing the game but if they continue to demonstrate the same levels of enthusiasm and commitment, future success will surely follow!



Representative Football Squads

Fraser Lee and Alexander McCaw were selected to represent Paisley & District Schools Football Association in the prestigious Scottish Schools Under 15's National Trophy this season. Following three group stages games, the boys have played pivotal roles in the team earning three wins to top the group ahead of the knock out stages. This means the boys and their team-mates will look forward to a home fixture in the quarter finals in January.

Sophie Osman has also been selected to represent West Region under 15's squad this season whilst still only being an under 14's player. Sophie made her debut in December in a winning performance.



Following Jack McInnes' excellent season in last year's under 18 Paisley & District Schools Football Association National Trophy team, Jack had been looking forward to more experience in the competition and possibly earn an individual call up to Scottish Schools trials. Unfortunately for Jack, an injury picked up at the end of last season has ruled him out for the majority of this season meaning he will not be able to compete in this tournament. Best wishes to Jack on a speedy recovery.

Hockey

This year the pupils at Gryffe High School have given a terrific account of themselves in terms of representing the school for hockey. Since August over thirty-five S1-S6 pupils have consistently turned up to train on a Friday after school, showing a great eagerness to learn and play regardless of the Scottish weather. Such enthusiasm and uptake has led Gryffe to be the only school in the council to take as many as three teams to each interschool competition, including two junior and one senior team.

The spirit is most certainly backed up by skill, as both the Senior and Junior 1 team are placed joint top of their Renfrewshire Hockey Leagues. Further success has been achieved by Junior 2 team who currently sit 2nd place in a hard fought league.

Netball

It has been a busy first half of the season for our netballers, with 5 teams competing in the first round of the Scottish Cup and 13 teams across S1-6 competing within the Renfrewshire Cup.

All Scottish teams have now completed their gruelling first round match schedule, with some teams even having to play twice a week! The girls will now progress to the knockout round of the competition in the following sections:

- S1 – Silver
- S2 – Silver
- S3 – Gold
- Open A – Gold
- Open B – Bronze

In the Renfrewshire Cup, teams experienced mixed success. Our S1 Gryffe Giants, S2 (A) & (B) and Open (A) will all progress to the 'plate' section after round 1 with the remainder of teams progressing to the Quaich competition. Our S3's are yet to compete. Special mention to our players of the tournament at Open level, who were chosen by their opposition players on the night: Lauren Todd, Erin Morrison and Eilidh Maule! Keep up the hard work girls!

Rowing

30 rowers have competed in our Indoor Rowing League this year, completing rows on a weekly basis and submitting their best monthly score to the Scottish rowing national competition. Rowers have competed across 4 rounds, showing real improvements in technique across the months of competition, which was evident in their improved scores. Rowers who competed across all 4 rounds are awarded an individual gold award, with those completing 3 out of the 4, a silver and any who competed in 2 rounds receiving a bronze award. I am delighted to say that the following 20 pupils achieved individual awards: 3 Gold, 5 Silver and 12 Bronze.



Rowing - continued

Euan Macdonald (S2), Molly Barry (S3) and Katie Reid (S4)	Gold
Roc Hart, Aidan McGinley, Scott Peters, Emily Paterson (all S1) and John Runcie (S5)	Silver
Harry Manley, Jack Nelson, Lewis Seddon (all S1), Iain Milne, Mhari Reid, Hannah Adams, Michaela Craven and Innes Durrant (all S2), Taja Causevic (S3), Jennifer McKerral (S4), Kirsty Stewart and Seonaid Murray (both S5)	Bronze



Well done to all who have taken part in the rowing league this year. They will now put their skills to the test on the water in the summer months!

Rugby

Our S1/S2 and Senior Boys teams have been involved in friendly fixtures so far this season with our younger boys looking forward to the Active Schools Merit league in 2017. Both teams remain unbeaten in the fixtures so far in dominant displays in each of their fixtures.



Swimming

Two swimmers competed in this year's Renfrewshire Area Swimming Heats at On-x, Linwood. Hannah Brummit and Ayleigh Craig both entered two events as they attempted to qualify for Scottish Schools competitions later in year with Hannah achieving two podium finishes as she earned silver medals in both 100m and 200m freestyle races.



Tennis

Our boys and girls team continue to compete in the Scottish School team competitions. Our girls team were first up with a very tough home draw against The High School of Glasgow. A team of S2 girls – Rachael Bell, Shona Colman, Katy Mitchell and Molly O'Brien - went into this under 18 fixture hoping to gain valuable experience of this schools competition. The girls fell to defeat on the day but can still look forward to more ties in the consolation cup. Our boys team travelled to Hamilton Grammar in round 2 and showed their class in defeating their opponents 4-1 to progress to round three. The team of Michael Rooney, Jamie Aitken, Jonathan Lee and Daniel Wishart now look forward to an away trip to St Ninian's High School.